



BAILIWICK OF GUERNSEY  
LAW ENFORCEMENT

## Press Release

WAITROSE  
& PARTNERS

24 October 2019

### **Waitrose and the College of FE provide healthy meals for Bailiwick Law Enforcement**

Waitrose & Partners partnered with Guernsey Police HQ and the Guernsey College of Further Education to provide fresh ingredients for the College's catering and hospitality students to cook the Bailiwick Law Enforcement breakfast, lunch and dinner to promote healthy eating.

The healthy eating day on Wednesday 23 October was offered to staff across Law Enforcement (including several based in Alderney) with more than 100 getting freshly prepared meals throughout the day. Staff donated £1.50 per meal to BBC Children in Need.

Two catering and hospitality course students, Logan Le Messurier and Ben Lee, their lecturer, Julie Hyde and Waitrose Partner Rachael Chapman, who was previously a chef, cooked breakfast, lunch and dinner at Guernsey Police HQ. Waitrose also provided fresh fruit for the week and the day will go towards the student's Level 2 Hospitality and Catering course.

It is hoped the healthy eating day will help enhance wellbeing and encourage staff to not always eat at their desk and use the social area for meals instead.

Head of Law Enforcement Ruari Hardy said: "It was a fantastic day. Staff from across the Law Enforcement enjoyed a fresh and healthy breakfast, lunch or dinner and it created a wonderful atmosphere. The students from the College of Further Education have demonstrated their skills and ability, and we are delighted to have been able to aid in their studies. We would like to thank Julie Hyde for her energy and commitment to the project. The ingredients were generously supplied by Waitrose to encourage healthy eating and we are thankful for their support. Money raised from the meals will be donated to Children in Need."

Paula Protheroe, Branch Manager, Waitrose & Partner's Admiral Park said: "The Bailiwick Law Enforcement work around the clock to keep everyone in the island safe and we wanted to make a small gesture to show our gratitude. We were asked to help provide some inspiration to encourage the team to make healthy, convenient dishes to work around their shifts and the cookery students from the College of Further Education have done an incredible job in creating quick, delicious meals out of the ingredients we provided, which the team can enjoy whether eating at work or home."

Julie Hyde, College of Further Education Chef Lecturer, said: "It's been busy but we have really enjoyed it. It has given the students the opportunity to learn and prepare for working in a realistic catering environment. The ingredients Waitrose provided have been superb, they were very fresh and Waitrose were very professional to work with. We hope the law enforcement enjoyed their meals. We are pleased to have been able to cook for them."

All dietary requirements were catered for. Some of the meal options included:

- Quinoa, red peppers, spring onions, mushrooms and salad leaves with smoked mackerel
- Alfa and sunflower salad with avocados, carrots, red onions and lettuce
- Poached cod fillets with chunky courgettes and broccoli with flaked almonds
- Slow cooked vegetable curry, with chickpeas, puy lentils, carrots, swede, sweet potato and coconut milk

ENDS

**For further information, please contact:**

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#### **Notes to editors**

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